



Calling all **SENIORS!**

WALK WITH AUBURN RECREATION!

Join us **Tuesdays & Thursdays**
at **Ingersoll Turf Facility** from 9:00 to 10:00 a.m. Cost: \$1 per person

Walk on the rubberized turf at Ingersoll for beneficial, low impact exercise.
One hour equals approximately 2.5 miles! **Have some fun & get fit!**

For information, contact Darcey Gardiner at Auburn Rec, 333-6611.

